

Perla, you awaken each day with lots of energy and feeling good. You are motivated to keep going and everything feels blissful. Staying healthy and living longer is the goal you've set for yourself. Wellness is the essence of living. You easily honor your commitment to stay active, work out and maintain a proper diet. You faithfully put aside anything which might cause you sadness and stress.

Because of your focus on wellness, you are there for people, you interact with people more and you are able to fully participate in life. It is clear by your actions that you care about yourself and you know your value and self-worth.

Naturally, keeping God first helps you stay strong, humble, motivated and happy. Your belief that everything is going to be okay supports you. You believe God is with you and is helping you become a better person in life. Because of your belief in a higher power you don't need many resources and feel confident things will turn out right. Life is flourishing and there is no giving up.

Emotionally, you are balanced, stable and maintain a healthy attitude. You see the good side in things and everything is beautiful. Your balanced emotional state offers control in those moments when things you can't control trigger flashbacks and negative thinking. Dedicating yourself to keeping the vision and clear purpose reduces life's distractions.

Relationships are important to you. Your mom is great woman and an important part of your life. You focus and dedicate your time to help family and friends acquire wellbeing. You show support by explaining assignments to classmates which fosters feelings of goodness. You imagine making a difference and people thank you for investing your time and helping them.

You discover a multitude of ways to apply what you learn in school to your daily interactions. Facebook is one way you share information and motivate family, friends, others to feel better. Your relationships are evidence of a shift from thinking only about yourself to thinking about the needs of others.

Helping people means changing lives. Obtaining your bachelor and doctorate degrees open new possibilities. Professionally, you desire to see a difference in the clients you help. Because of your service, they develop new perspectives and feel great about themselves. Now, more effort and dedication is put into those classes and moments which try to bring you down. Using your school books and communicating more with people helps you achieve your goal of graduating with a doctorate degree. You are aware that going to school is the only thing that will save you and nothing is going to get you down. "The more you know the better" is your mantra. Education is important.

Your accomplishments support you in amassing enough money to go beyond where the train tracks take you. Financially, you are able to travel and see more than you can see today. You're learning more and not limited to your neighborhood or NYC. Now, you are able to help your mom pay rent, help family members and give back. Life is abundant. As a result of your giving, you see smiles and feel great. It's an amazing unexplainable feeling. Your improved financial state supports you in buying healthier foods, helping more people around the world and taking on more clients. You remain thankful for everything you have.

## **Summary**

Life is abundant and your living has purpose. Helping family and friends is supported by your harmonious physical and emotional states. Your belief in God provides you with all you need to make it through the tough times. Because of the importance of education and helping others, your possibilities are endless. You smile brightly, workout regularly, eat properly and extend your life with each loving thought and action. You are humble, thankful and loved!